

What Our Clients Say

“These past few years have been very difficult for me, but with the help and support that all of you have given me, everything has seemed simpler.”

“I can’t express how grateful I am, but please accept my sincere thanks...keep on the good work you do for people like me.”

“You are all so kind, especially the people I have met and those I have not met, because I know it’s team work.”

About Us

We are grateful to our funders:

Supported by



Southampton City 
Primary Care Trust



tearfund



Groundswell also receives financial support from individuals and from local churches

The Groundswell Trust, PO Box 1379
Southampton, Hampshire SO14 0YZ

023 8063 1651
info@groundswelltrust.org
www.groundswelltrust.org

Registered Charity No. 1078499



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Registered Charity No. 1078499



Groundswell is a registered charity founded in 1989 to provide outreach support for people living with, or affected by, HIV in Southampton and South West Hampshire.

Using a team of trained and experienced staff and volunteers Groundswell provides free, unconditional and confidential support.

Groundswell is committed to

Maximising independence and empowering individuals.

Treating each individual with respect and dignity.

Working in partnership with other statutory and voluntary organisations to benefit the client.

Providing confidential services on an equal opportunities basis.

Working with anyone affected by HIV regardless of any other factor.

Groundswell Provides

Outreach services to anyone affected by HIV either at home, or in a place agreed with that individual. We aim to meet the needs of the individual by offering the following services.

Befriending

Emotional Support

Advocacy

Practical Support

Support for Carers

We are also able to make occasional small grants to help meet financial needs and where necessary may be able to help with transport. We accept referrals from individuals or any other source, with the person's permission.

The needs identified will be met by Groundswell whenever possible, subject to the availability of suitable personnel.

For more information about Groundswell and the services that we offer please ring **023 8063 1651**.

FREE, unconditional and confidential support

**24 Hour Confidential Answerphone
023 8063 1651**